

Reduce Your Risk of Coronavirus



Avoid close contact with anyone who is experiencing flu-like symptoms.



Clean your hands with soap and water or alcohol-based hand rub.



Cover your nose and mouth when coughing or sneezing. Use a tissue or a flexed elbow.



If you live in or have recently returned from an area with ongoing spread of COVID-19 within the past 14 days and develop a cough, fever, or difficulty breathing, contact your healthcare provider. Call ahead to tell your healthcare provider about your travel and symptoms.